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**The Get In Touch Foundation Honors 18 Year-Old 5-Year Breast Cancer Survivor with “Woman of Strength” Award**

October 2009, Milford, Conn. – The Get In Touch Foundation’s 5th Annual “Pretty In Pink” Brunch & Woman of Strength Award will be held on Sunday, October 11 at Great River Golf Club in Milford, CT, from Noon-3pm.

18 Year-Old Amy Brechon was diagnosed with breast cancer five years ago, the summer before entering 8<sup>th</sup> grade. An Illinois resident, Amy discovered the lump on her breast through BSE (breast self exam) and continues to be a role model and “breast health ambassador” for girls everywhere.

Mary Ann Wasil Nilan, Executive Director & Founder of the Get In Touch Foundation®, is a 5½ year Breast Cancer-Kickin’ Survivor & Health Activist.

Mary Ann founded the Get In Touch Foundation® with a cornerstone mission to transform the mindset for future generations, developing a revolutionary new program teaching young girls to “get in touch” with their bodies through self-examination. In collaboration with a medical advisory board, Get In Touch has developed the Daisy Wheel©, a highly innovative tool to be introduced by health educators to girls beginning in 5th grade, when introducing topics of hygiene and the girls’ changing bodies, and will be taught annually through 12th grade. Already being heralded in the medical community as a tool that will significantly alter the face of Breast Cancer, the Daisy Wheel© is available at no cost to elementary, middle and high schools.

Learn more about The Get In Touch Foundation® by visiting our website: [www.getintouchfoundation.org](http://www.getintouchfoundation.org).

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