

DAISY WHEEL PROGRAM

QUESTIONS

- 1** Have you performed a breast self-exam before today? If so, who taught you? How old were you?
- 2** Who are some people you can talk to if you have questions about your breast health?
- 3** Why is it so important to know what your changing body looks and feels like?
- 4** What should you look for when performing a breast self-exam?
- 5** What should you do if you feel/see a change with your breasts or other parts of your body?
- 6** Will you perform breast self-exams after today? Why or why not? How often?
- 7** Why do you think it is important for EVERYONE to know about the importance of breast health?
- 8** What are some ways you can stay healthy?
- 9** What do you like about the Daisy Wheel?
- 10** Were you familiar with The Get In Touch Foundation's Daisy Wheel Program before today?